Soul Matters Monthly Theme: What does it mean to be a Community of People Finding Our Center?

Inner peace doesn't come from getting what we want, but from remembering who we are.

--Marianne Williamson (b. 1952), a White American author, spiritual leader, and political activist

Order of Service for January 22, 2023: Finding Our Center Together

Rev. Rita Capezzi. Preaching Diane Dobitz, Worship Associate Director of Children's Faith Development Macey Forsyth, Storyteller Nancy Cramblit, Musician Jeff Lowry and Kat Clements, Tech Squad Dennis Cramblit, Hearing Assist Linda & Lee Ganske and the Hot Dish Brigade, Hospitality Keri Johnson and Korinne Spicer, Nursery Deb Fitzloff and Macey Forsyth, Children's Chapel and Youth Group

Announcements Slideshow To "Kind and Generous" (1998) by Natalie Merchant (b. 1963), a White American alternative rock singer-songwriter.

https://www.youtube.com/watch?v=qE7GWVmIcss

Greetings from the Whole Congregation (everyone on Zoom is invited to unmute) Let's all make a joyful noise!

Welcome and Announcements Bell Chime

Chalice Lighting: For those attending by Zoom, please type into the Chat that a chalice is lit on [your street]:

We are a welcoming people of diverse beliefs who commit to nourish the spirit, broaden the mind, nurture the earth, and build community. May this flame we kindle remind us to strive, today and every day, to love beyond belief.

- **Hymn: #360** "Here We Have Gathered" (gray hymnal) words by Alicia S. Carpenter to a Genevan psalter tune <u>https://farfringe.com/stlt360-here-we-have-gathered/</u>
- **Reading:** "When You Have More Than Enough" by Dawn Star Sarahs-Borchelt, a third generation Unitarian Universalist (UU), currently serving as the Director of Lifespan Faith Development at the Main Line Unitarian Church in Devon, PA and a Master Level Credentialed Religious Educator through the Unitarian Universalist

Association. https://www.uua.org/worship/words/story/when-you-have-more-enough

Story: Thank You, Omu! (2018) by Oge Mora, a Nigerian-born children's book illustrator and author living in Providence, Rhode Island. She received a Caldecott Honor, Coretta Scott King John Steptoe Award for New Talent, and Ezra Jack Keats Book Award in 2019 for her book, Thank You, Omu!. https://www.youtube.com/watch?v=4veR-ZU6QLU

Sending the Young Ones to Faith Development Activities

Prayer/Meditation: "Choose to Bless the World" by the Rev. Dr. Rebecca Ann Parker, theologian, retired Unitarian Universalist minister, and former president of the Starr King School of the Ministry <u>https://www.uua.org/worship/words/blessing/choose-bless-world</u>

Sorrows and Joys

Singing Prayer: To the tune of #1002 (teal hymnal) by Mimi Borstein Comfort me, share my joy/ Comfort me, Oh my soul. (2x)

Giving/Offertory: "Duetto: Souvenir of Beethoven" by Stephen Heller We take a Second Collection this month for Partners for Housing

Murmuration: https://www.youtube.com/watch?v=QOGCSBh3kmM

Reflections

Gratitude Ritual

Hymn: #368 "Now Let Us Sing" (gray hymnal), words and music anonymous <u>https://farfringe.com/stlt368-now-let-us-sing/</u>

Chalice Extinguishing

We extinguish this flame, but not the light of truth, the warmth of community, or the fire of commitment. These we carry in our hearts until we are together again.

Singing Benediction: "Longtime Sun," the final three minutes of "A Very Cellular Song" written by Mike Heron and performed by The Incredible String Band on their 1968 album *The Hangman's Beautiful Daughter*.

> May the long time sun shine upon you/All love surround you And the pure, pure light that's within you/ Guide your way home (2x)

In-person: Gathering for lunch in the Fellowship Hall on the lower level of the building. **On Zoom:** A time to meet, talk, and connect.