

## **Order of Service June 30, 2024**

### **Spiritual Practice Sampler**

**June Soul Matters Theme:** Renewal

Officiating: Rev. Diana McLean

Worship Associate: Diane Langland

Pianist: Shay MacKay

### **Prelude/Opening Slideshow**

### **Welcome and Announcements**

### **Singing Bowl**

### **Chalice Lighting**

If you are viewing through Zoom, please type into the Chat that a chalice is lit on [your street], and join in saying these words:

*We are a welcoming people of diverse beliefs who commit to nourish the spirit, broaden the mind, nurture the earth, and build community. May this flame we kindle remind us to strive, today and every day, to love beyond belief.*

### **Call to Worship**

“To Remind Ourselves What Is Real” by Elena Westbrook

### **Hymn #123, “Spirit of Life”**

(words and music by Carolyn McDade)

### **Story**

*May Sarton*

(From the UUA Tapestry of Faith curriculum *Miracles: A Multigenerational Program on Living in Awe and Wonder*)

### **Singing the Children Out**

### **Joys and Sorrows**

## **Pastoral Prayer**

## **Silent Meditation**

### **Singing Prayer:** To the tune of **#1002**

(words and music by Mimi Bornstein-Doble, adapted)

## **Offertory**

## **Homily: Spiritual Practices**

### **Hymn #1009, “Meditation on Breathing”**

(words and music by Sarah Dan Jones)

## **Participation in Spiritual Practices**

### **Hymn #1031, “Filled with Loving Kindness”**

(Words: traditional Buddhist meditation, adapted by Mark W. Hayes; Ian Riddell)

## **Chalice Extinguishing**

*We extinguish this flame, but not the light of truth, the warmth of community, or the fire of commitment. These we carry in our hearts until we are together again. (Elizabeth Selle Jones)*

## **Benediction**

### **Singing Benediction:** “Longtime Sun”

(the final three minutes of “A Very Cellular Song” written by Mike Heron and performed by The Incredible String Band)

*May the longtime sun shine upon you  
All love surround you  
And the pure pure light that’s within you  
Guide your way home.*

**Zoom participants:** Please feel free to stay online for a time of gathering to meet, talk, and connect. (If the group online is large enough, we will invite you to join breakout rooms for small group connection.)

**In-person participants:** Please stay for refreshments and conversation in the Fellowship Hall on the lower level following the worship service.