Soul Matters Monthly Theme: What does it mean to be a Community of Courage?

"You can choose courage, or you can choose comfort, but you cannot have both."

-Brené Brown

Order of Service for October 2, 2022: The Courage to Ask: What Do We Do Now?

Rev. Rita Capezzi, Officiating
Rachel Maxwell, Stewardship for Us Consultant, Presenting
Bob and Gail Finley, Greeters
and Jeff Lowry, Tech Squad
, Hearing Assist
Lee Ganske and the Hot Dish Brigade, Hospitality

Announcements Slideshow To "Starry Night" by Jordan Critz

https://www.youtube.com/watch?v=xSXzw1XiDVw

Greetings from the Whole Congregation (everyone on Zoom is invited to unmute)

Let's all make a joyful noise!

Bell Chime

Welcome and Announcements

Orienting to the Service Rev. Rita

Reading: "Courage Is" by the Rev. Dr. David Breeden

Centering Music: "The Keep Going Song" by The Bengsons

https://www.youtube.com/watch?v=Cs-ju L9pEQ

Chalice Lighting: For those attending by Zoom, please type into the Chat that a chalice is lit on [your street]:

We are a welcoming people of diverse beliefs who commit to nourish the spirit, broaden the mind, nurture the earth, and build community. May this flame we kindle remind us to strive, today and every day, to love beyond belief.

Story: *I am Quiet: A Story for the Introvert in All of Us* words by Andie Powers and illustrated by Betsy Petersen. Read on video by Macey Forsyth https://youtu.be/aKbwi40lXpA

Singing the Young Ones to Children's Chapel

Sorrows and Joys

Singing Prayer: To the tune of #1002 (teal hymnal) by Mimi Borstein

Comfort me, share my joy/ Comfort me, Oh my soul. (2x)

Giving To "The Times They Are A'changing" by Bob Dylan and performed by Tracy Chapman https://www.youtube.com/watch?v=ZnCSubO2HjM

Presentation: What Do We Do Now? Led by Rachel Maxwell

Closing Words Rev. Rita **Chalice Extinguishing**

We extinguish this flame, but not the light of truth, the warmth of community, or the fire of commitment. These we carry in our hearts until we are together again.

Singing Benediction: "Longtime Sun," the final three minutes of "A Very Cellular Song" written by Mike Heron and performed by The Incredible String Band on their 1968 album *The Hangman's Beautiful Daughter*.

May the long time sun shine upon you/All love surround you And the pure, pure light that's within you/ Guide your way home (2x)

In-person hospitality in the Fellowship Hall on the lower level of the Fellowship building. On Zoom: A time for gathering to meet, talk, and connect.