Soul Matters Monthly Theme: What does it mean to be a Community of Courage?

"It takes courage ... to endure the sharp pains of self-discovery rather than choose to take the dull pain of unconsciousness that would last the rest of our lives."

—Marianne Williamson (b. 1952), White American author, spiritual leader, and political activist.

Order of Service for October, 2022: The Courage to Ask—How Do We Live with the Wrongs of the Past?

Rev. Rita Capezzi, Preaching

Susan Stevens Chambers, Worship Associate

Director of Children's Faith Development Macey Forsyth, Storyteller

Mae Gagnon, Greeter

Andy Roberts, Tech Squad

Nienow Family and Rovney Family, Hospitality

Announcements Slideshow To "Native Flute Music" from YouTube and Sonic Yogi.

https://www.youtube.com/watch?v=VVcv35FkLqU

Greetings from the Whole Congregation (everyone on Zoom is invited to unmute)

Let's all make a joyful noise!

Bell Chime

Welcome and Announcements

Chalice Lighting: For those attending by Zoom, please type into the Chat that a chalice is lit on [your street]:

We are a welcoming people of diverse beliefs who commit to nourish the spirit, broaden the mind, nurture the earth, and build community. May this flame we kindle remind us to strive, today and every day, to love beyond belief.

Hymn: #1069 "Ancient Mother" (teal hymnal), a traditional Navajo hymn. Performed by the UUFM Choir and Congregation, recorded in the Charles Ave. Sanctuary

Reading: Adapted from "'You'll Never Believe What Happened' Is Always a Great Way to Start" in The Truth About Stories: A Native Narrative by Thomas King (b. 1943), son of a Greek mother and a Cherokee father, author and professor of English at the University of Guelph in Ontario, Canada

Story: Berry Song (2022), written and illustrated by Michaela Goade, Caldecott Medalist and member of the Tlinglit Nation (Pacific Northwest)

Singing the Young Ones to Children's Chapel

Prayer/Meditation

Sorrows and Joys

Singing Prayer: To the tune of #1002 (teal hymnal) by Mimi Borstein

Comfort me, share my joy/ Comfort me, Oh my soul. (2x)

Giving To "Blackbird" by Paul McCartney and John Lennon, sung in the Mi'kmaq language

in 2015 by Emma Stevens https://www.youtube.com/watch?v=99-LoEkAA3w

Sermon: Living with the Wrongs of the Past

Hymn: #95 "There is More Love Somewhere" (gray hymnal), an Africa American hymn.

Performed by Helen Lowry, vocals, and Jon Vogtle, piano, both courtesy of the UU church of Buffalo (NY)

Chalice Extinguishing

We extinguish this flame, but not the light of truth, the warmth of community, or the fire of commitment. These we carry in our hearts until we are together again.

Singing Benediction: "Longtime Sun," the final three minutes of "A Very Cellular Song" written by Mike Heron and performed by The Incredible String Band on their 1968 album *The Hangman's Beautiful Daughter*.

May the long time sun shine upon you/All love surround you And the pure, pure light that's within you/ Guide your way home (2x)

In-person hospitality in the Fellowship Hall on the lower level of the Fellowship building.

On Zoom: A time for gathering to meet, talk, and connect.