

“Don’t ask yourself what the world needs; ask yourself what makes you come alive. And then go and do that. Because what the world needs is people who have come alive.”—Rev. Dr. Howard Thurman [African-American author, philosopher, theologian, educator, and civil rights leader, 1899-1981]

Order of Service for September 20, 2020: Renewing Ourselves

Rev. Rita Capezzi—Unitarian Universalist Fellowship of Mankato (MN)

We Gather

Gathering Music: “Adagio for Strings” by American composer Samuel Barber (1910-1981) performed by the New York Philharmonic and conducted by American composer and conductor Leonard Bernstein (1918-1990) <https://www.youtube.com/watch?v=LjJ9TDdQUdY>

Still to Come. . . After Worship

Announcements Read to “Don’t Worry, Be Happy” (instrumental) by African

American jazz vocalist Bobby McFerrin (1950-) <https://www.youtube.com/watch?v=NO-Nbb-Dcsc>

See the Weekly Update for all the relevant news <https://mailchi.mp/ef6b945e9a96/your-september-16-weekly-update-is-here-4581946?e=b69a404b54>

Bell Chime

We Invite and Welcome

Singing: #188 (gray hymnal) “Come, Come, Whoever You Are” [words adapted from 13th Century Persian poet and Islamic mystic Rumi, with music by Unitarian Universalist minister the Rev. Lynn Ungar] <https://www.youtube.com/watch?v=lmMp0OKHgTA&t=17s>

Welcome

Special Announcements

Chalice Lighting (Please light at home your own chalice or candle. Type into the Chat that a chalice is lit on [your street])

We are a welcoming people of diverse beliefs who commit to nourish the spirit, broaden the mind, nurture the earth, and build community. May this flame we kindle remind us to strive, today and every day, to love beyond belief.

We Orient to Worship/Shaping Worth

Centering Music: “Take Me Home, Country Roads” performed by Native Hawaiian singer-lyricist, musician and Hawaiian sovereignty activist Iz (Israel Ka’ano’i Kamakawiwo’ole, 1959-1997) https://www.youtube.com/watch?v=FpJ879JiXcK&list=PL1-XH7VHXC5hls-Z_3dwaPyB41mg-P82G

Reading: “Return” by Belgian-American poet and novelist May Sarton (1912-1995)

<https://www.poetry-chaikhana.com/blog/2018/11/21/may-sarton-unison-benediction/>

Story: “Lizard’s Song,” adapted from a National Park Service website; used by permission of Wind Cave National Park. Rea by Director of Children’s Faith Development Macey Forsyth.

<https://youtu.be/4VjWpewmM1w>

Part of UUA's *Tapestry of Faith* "Creating Home."

<https://www.uua.org/re/tapestry/children/home/session4/60032.shtml?fbclid=IwAR1Zza8FaMXZF8WjrOrBFBy2YqmB3CEmozVXqn6krNXcaevKJkvvaxMRHhU>

We Participate in Religious Community

Offering: With offertory "Kind and Generous" by American alternative rock singer-songwriter Natalie Merchant (1963-) <https://www.youtube.com/watch?v=hYD-ZLDckJ8>

Meditation: "For One Who is Exhausted, a blessing" by Irish priest, poet, and philosopher John O'Donohue (1956-2008) <https://onbeing.org/blog/john-odonohue-for-one-who-is-exhausted-a-blessing/>

Bell Chime

Sorrows and Joys: Please type into the Chat, and Rev. Rita will read aloud

Singing: To the tune of #1002 (teal hymnal); accompanied by Jeff Lowry

We Take a Deeper Dive

Homily: Renewing Ourselves

Hymn: #86 "Blessed Spirit of My Life" (gray hymnal)

<https://www.youtube.com/watch?v=cOKyNZyC0Ss&list=PLE249CD9FF3CAF0FC&index=12&t=0s>

We Shift to Companionship

Chalice Extinguishing

We extinguish this flame, but not the light of truth, the warmth of community, or the fire of commitment. These we carry in our hearts until we are together again.

Singing Benediction: "Long Time Sun," UUFM Choir and Congregation accompanied by Nancy Cramblit
May the longtime sun shine upon you/ All love surround you/And the pure pure light that's within you/Guide your way home.

Congregational Greeting (everyone will be unmuted)

Coffee "Hour": One 15-minute and two 10-minute long gatherings to meet, talk, and connect.