

“Rarely, if ever, are any of us healed in isolation. Healing is an act of communion.”—bell hooks
(1953-), American author, professor, feminist, and social activist

Order of Service for November 22, 2020: Healing in Community: Bread Communion
Rev. Rita Capezzi—Unitarian Universalist Fellowship of Mankato (MN)
Macey Forsyth, Linda Ganske, and Treselia Greiner providing Zoom worship support

We Gather

Gathering Music: “Sun Paints Us Gold” by American composer Tim Janis (1954-)
<https://www.youtube.com/watch?v=hh2xQuLPO5k>

Still to Come. . . After Worship to #1069 “Ancient Mother” (teal hymnal), a chant from the Navajo tradition, a people who lived in the area we now know as New Mexico. They suffered centuries of colonization and conquest from Europeans, but unlike many native American tribes, they still live for the most part on their ancestral land. This version is sung by the choir and the congregation in our Charles Avenue sanctuary.

Announcements to “Waiting in Vain” (instrumental) by Jamaican singer, songwriter, musician, and tireless justice advocate Bob Marley (1945-81) <https://www.youtube.com/watch?v=U0j7lu49-h4> See the Weekly Update for all the relevant news <https://mailchi.mp/d4476cec9477/your-november-18-weekly-update-is-here-4650306?e=7c056a9674>

Bell Chime

We Invite and Welcome

Singing: #188 (gray hymnal) “Come, Come, Whoever You Are” [words adapted from 13th Century Persian poet and Islamic mystic Rumi, with music by Unitarian Universalist minister the Rev. Lynn Ungar]. Vocals by Jessie Downs and Helen Lowry, accompanied by Jonathan Vogtle (all courtesy of the Unitarian Universalist Church of Buffalo, NY). We are reminded that the original poem includes the line “though we’ve broken our vows a thousand time,” a call to humility, forgiveness, and repair.

Welcome

Special Announcements

We Orient to Worship/Worth-Shaping

Chalice Lighting with the Miranda Andrews-Collin Burk Family

Type into the Chat that a chalice is lit on [your street]:

We are a welcoming people of diverse beliefs who commit to nourish the spirit, broaden the mind, nurture the earth, and build community. May this flame we kindle remind us to strive, today and every day, to love beyond belief.

Centering Hymn: #1010 “Oh, We Give Thanks” (teal hymnal) sung by the UUFM Choir in our Charles Avenue sanctuary

Story: *Birdsong* written and illustrated by Julie Flett, and read by our Director of Children’s Faith Development Macey Forsyth https://www.youtube.com/watch?v=-ao_EKeXAfA&feature=youtu.be

Reading: Words from UUA President, the Rev. Susan Frederick-Gray

Music: “Thank You Song” sung in Dakota language by Butchie Eastman and friend from Pipestone and living in Oklahoma <https://www.youtube.com/watch?v=LBAKsvKXA94>

Reading: “Giving” from *The Prophet* by Lebanese-American writer and artist Gibran Khalil Gibran (1883-1931)

We Co-Create Religious Community

Giving: With offertory #402 (gray hymnal) “From You I Receive” by Joseph and Nathan Segal (brothers and both rabbis who wrote and sang together in the 1960s-1980s and sung by Unitarian Universalist minister the Rev. Kristin Grassel Schmidt <https://youtu.be/k7a0Lei2OCA>

Meditation: Meditation on “Yes” by American poet and pacifist William Stafford (1914-1993) from the Rev. Rita Capezzi

Bell Chime

Sorrows and Joys: Please type into the Chat, and Rev. Rita will read aloud

Singing: To the tune of #1002 (teal hymnal) by Mimi Borstein; accompanied by Jeff Lowry

We Take a Deeper Dive

Reading: “A Thanksgiving Blessing” adapted from Unitarian Universalist minister, the Rev. Naomi King <https://www.uua.org/worship/words/meditation/thanksgiving-blessing>

Blessing of the Bread: A Ritual with “Breaking Bread” by American music legend, Johnny Cash (1932-2003) <https://www.youtube.com/watch?v=eXimWI8KLdI>

Closing Words: Healing in Community

Hymn: #1 “May Nothing Evil” (gray hymnal). Vocals by Jessie Downs (soprano), Michael Harris (bass), Helen Lowry (alto), and Matt Spaulding (tenor), accompanied by Jonathan Vogtle (all courtesy of the Unitarian Universalist Church of Buffalo, NY).

We Shift to Companionship in the Wider World

Chalice Extinguishing with the Miranda Andrews-Collin Burk Family

We extinguish this flame, but not the light of truth, the warmth of community, or the fire of commitment. These we carry in our hearts until we are together again.

Singing Benediction: “Longtime Sun,” the final three minutes of “A Very Cellular Song” written by Mike Heron and performed by The Incredible String Band on their 1968 album *The Hangman’s Beautiful Daughter*. Sung by UUFM Choir and Congregation, accompanied by Nancy Cramblit.

May the longtime sun shine upon you/ All love surround you/And the pure pure light that’s within you/Guide your way home.

Congregational Greeting (everyone will be invited to unmute)

Coffee “Hour”: A time for gathering to meet, talk, and connect.