

## Soul Matters Monthly Theme: Paying Attention

**“We need a new paradigm that convincingly shows that humanity is inherently good and thoroughly interconnected. With that understanding, we can finally move from being ego-, family-, and ethno-centric to species-, bio-, and planet-centric.” – Richard C. Schwartz**

**Order of Service March 1<sup>st</sup>, 2026: Intentional Attention**

**Worship Leader:** Director of Lifespan Faith Formation, Macey Forsyth

**Worship Associate:** Molly Reinemann

**Pianist:** Jo Breckenridge

**Choir Director:** Joci Follmuth

**Nursery:** Linden Anthony

**Worship Tech:** Dan Possin

**Hospitality:** John & Karen Knox and Sam Johnson

**Congregational Greeting**

**Bell Chime**

**Welcome and Announcements**

**Chalice Lighting:** For those attending by Zoom, please type into the Chat that a chalice is lit on [your street]:

*We are a welcoming people of diverse beliefs who commit to nourish the spirit, broaden the mind, nurture the earth, and build community. May this flame we kindle remind us to strive, today and every day, to love beyond belief.*

**Hymn #128:** “For All That Is Our Life” (Gray Hymnal), words by Bruce Findlow, music by Patrick L. Rickey

**Story:** *Everything is Connected*, written by Jason Gruhl, illustrated by Ignasi Font

**Reading:** An excerpt from Mary Oliver’s *Upstream*

**Hymn #311:** “Let It Be a Dance” (Gray Hymnal), words and music by Ric Masten, arr. by Betty A. Wylder

**Poem:** *For Calling the Spirit Back from Wandering the Earth in Its Human Feet* by Joy Harjo

**Choir:** “Deep River” by Victor C Johnson Accompanied by Nancy Cramblit  
“Hold On”

**Sorrows and Joys**

**Singing Prayer:** To the tune of #1002 (teal hymnal) by Mimi Borstein  
*Comfort me, share my joy/ Comfort me, Oh my soul. (2x)*

**Offertory**

**Homily and Meditation**

**Prayer:** *For Presence* by John O’Donohue

**Hymn #412:** “Let Hope and Sorrow Now Unite” (Gray Hymnal), words by Brian Wren, music by Nikolaus Decius

**Chalice Extinguishing**

*We extinguish this flame, but not the light of truth, the warmth of community, or the fire of commitment. These we carry in our hearts until we are together again.*

**Singing Benediction:** “Longtime Sun,” the final three minutes of “A Very Cellular Song” written by Mike Heron and performed by The Incredible String Band on their 1968 album *The Hangman’s Beautiful Daughter*.  
*May the long time sun shine upon you/All love surround you*

*And the pure, pure light that's within you/ Guide your way home (2x)*